

# **Crisis Intervention Training**

## **Unit 10**

### **Co – Occurring Disorders**

# CIT Training Lesson Plan Performance Objectives

## Co-Occurring Disorders

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**Unit Goal:** Ability to recognize and understand the main diagnostic cluster for major mental illness.

**Classroom Hours:** 3.00

**Presenter:**

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### **Performance Objectives:**

Participants will be able to:

- Understand and recognize specific signs and symptoms of serious mental illnesses, to include at a minimum mood and anxiety disorders, schizophrenia and psychotic disorders, and personality disorders. Emphasis should be placed on the kinds of behavior that officers will see in people experiencing a mental health crisis.
- Understand and recognize mental illnesses in various populations, i.e. children, adolescents, adults, and older adults.
- Understand the common problem of co-occurring developmental disability, medical, and homelessness.
- Understand and differentiate mental retardation from mental illness.

**Content Material:**

# Chemical Dependency and MI

## What an Officer Can Do:

Since it is hard to tell if a person's behavior is from overdose, drug interaction, or mental illness, an officer can consider the following:

1. Reasons why some people with mental illness abuse drugs and alcohol.
2. Inpatient and Chemical Dependency units and treatment.
3. Types and prevalence of illegal drugs and toxic effects of "bad mixes" of these drugs and alcohol.
4. Behaviors and symptoms of certain drugs and alcohol.
5. Law enforcement interaction with persons experiencing different illicit drug reactions.